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The principles of tumour classification, grading and staging

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- Describe the vocabulary of tumour biology and pathology
- Review the morphologic characteristics that
 - define neoplasia
 - allow benign and malignant tumours to be identified and distinguished.

- Neoplasia means new growth, and the new growth is called a neoplasm.
- **Oncology** is the study of tumours or neoplasms.

- Transformation
- A **neoplasm**: a disorder of cell growth triggered by a series of acquired mutations affecting a single cell and its clonal progeny.
- The causative mutations give the neoplastic cells a survival and growth advantage, resulting in excessive proliferation that is independent of physiologic growth signals (autonomous).



- All tumours have two basic components:
 - neoplastic cells that constitute the tumour parenchyma
 - reactive stroma made up of connective tissue, blood vessels, and variable numbers of cells of the adaptive and innate immune system.
- The classification of tumours and their biologic behaviour are based primarily on the parenchymal component.



Coleman et al. World J Gastroenterol. 2014; 20(26): 8471-81

Tumour classification

- Haematological tumours: Arising from blood forming cells are called lymphomas of leukemias.
- Solid tumours: Arising from epithelium or mesenchymal tissue.



Tumour Classification

Region



Organ System



Tissue



If you know the tissue / organ histological composition you can work out the classification

The ovary

- Epithelial tumours
- Germ cell tumours
- Sex cord stromal tumours





The brain



Types of tumour

- Based on biological behaviour
 - Benign
 - Malignant
 - Borderline

Benign tumours

- Tumours that are considered relatively innocent, implying that
 - it will remain localised
 - will not spread to other sites
 - is amenable to local surgical removal.
- However, benign tumours may cause serious morbidity and can be even fatal.
- In general benign tumours are designated by attaching the suffix – oma to the name of the cell type from which the tumour originates.
- In meshenchymal tumours For example:
 - tumour arising in fibrous tissue is called fibroma
 - tumour arising from cartilage is called chondroma.



TYPES OF EPITHELIUM

- Nomenclature of epithelial tumours is more complex;
 - some are classified based on their cells of origin: Squamous cell, transitional cell
 - others on microscopic pattern e.g. papillary
 - others on their macroscopic architecture e.g. cystic





Malignant tumours

- Are collectively referred to as cancers.
- Malignant tumours can
 - invade and destroy adjacent structures (local spread)
 - spread to distant sites (metastasise).
- Malignant tumours arising in mesenchymal tissue are called sarcomas e.g. fibrosarcoma, chondrosarcoma
- Malignant neoplasms of epithelial cell origins are called carcinomas e.g. squamous cell carcinoma
- Cancer composed of cells of unknown tissue of origin is designated undifferentiated malignant tumour.



Mixed tumours





Adenomyoma

Carcinosarcoma

Borderline Tumours

- Tumours whose biologic behaviour cannot be predicted on histologic grounds
- Have very low but definite
 metastatic potential





Serous tumours



Mucinous tumours



Benign

Borderline

Malignant

- Four classes of normal regulatory genes:
 - The growth promoting proto-oncogenes
 - The growth inhibitory tumour suppressor genes
 - Genes that regulate programmed cell death apoptosis
 - Genes involved in DNA repair.

These are the principal targets of cancer causing mutations.

Breast carcinoma = Malignant epithelial tumours

- Histological subtypes:
 - Invasive ductal
 - Invasive lobular
 - Mucinous
 - Tubular
 - Papillary
 - Apocrine
 - Micropapillary
 - Medullary
 - Secretory
 - Inflammatory







Breast Cancer Distant Metastases

	Bone	Liver	Brain	Lung	Distant Lymph-node
	Sard	S			A CONTRACT OF A
Associated subtypes	Luminal-HER2	HER2-enriched ER-positive Luminal B Luminal-HER2	HER2-enriched Luminal-HER2 TN-nonbasal Basal-like	TN-nonbasal Basal-like Luminal B HER2+, HR-, p53-	Luminal type HER2-enriched
Molecular features	Growth factors: IGF1, PGE2, TGFβ, PDGF and FGF2 Interleukins: IL-11, IL- 1, IL-6 PTHrP OPN Heparanase RANKL-RANK pathway Src-dependent pathway	Chemokines and receptors: CXCR4/CXCL12 Interleukins: IL-6 Integrin complexes: α2β1, α5β1 N-cadherin HIF-regulated genes: LOX, OPN, VEGF, TWIST β-catenin- independent WNT signaling Downregulation of ECM (stromal) genes	ST6GALNAC5 CSC markers: Nestin, CD133, and CD44 Growth factors: VEGF and HBEGF Chemokines and receptors: CXCR4 Cytokines: CK5 MMP-1 and MMP-9 IL-8 Ang-2 COX2 L1CAM	Growth factors and their receptors: TGFβ, EGFR, EREG, VEGF Matrix metalloproteinases: MMP-1 and MMP-2 COX2 LOX BMP inhibitors: GALNTs and Coco	Kallikreins: KLK10, KLK11, KLK12, and KLK13 Downregulation of BCR signal pathway

WHO classification of tumours of the kidney

Renal cell tumours Clear cell renal cell carcinoma 8310/3 Multilocular cystic renal neoplasm of low malignant potential 8316/1* Papillary renal cell carcinoma 8260/3 Hereditary leiomyomatosis and renal cell carcinoma-associated renal cell carcinoma 8311/3* Chromophobe renal cell carcinoma 8317/3 Collecting duct carcinoma 8319/3 Renal medullary carcinoma 8510/3* MiT family translocation renal cell carcinomas 8311/3* Succinate dehydrogenase-deficient renal carcinoma 8311/3 8480/3* Mucinous tubular and spindle cell carcinoma Tubulocystic renal cell carcinoma 8316/3* Acquired cystic disease-associated renal cell carcinoma 8316/3 8323/1 Clear cell papillary renal cell carcinoma Renal cell carcinoma, unclassified 8312/3 8260/0 Papillary adenoma 8290/0 Oncocytoma Metanephric tumours Metanephric adenoma 8325/0 Metanephric adenofibroma 9013/0 Metanephric stromal tumour 8935/1 Nephroblastic and cystic tumours occurring mainly in children Nephrogenic rests Nephroblastoma 8960/3 Cystic partially differentiated nephroblastoma 8959/1 Paediatric cystic nephroma 8959/0

Mesenchymal tumours

Mesenchymal tumours occurring mainly in children

Clear cell sarcoma	8964/3
Rhabdoid tumour	8963/3
Congenital mesoblastic nephroma	8960/1
Ossifying renal tumour of infancy	8967/0

chymal tumours occurring mainly in	adults
osarcoma	8890/3
arcoma	9120/3
omyosarcoma	8900/3
arcoma	9180/3
al sarcoma	9040/3
sarcoma	9364/3
nyolipoma	8860/0
ioid angiomyolipoma	8860/1
oma	8890/0
ngioma	9120/0
angioma	9170/0
ngioblastoma	9161/1
omerular cell tumour	8361/0
edullary interstitial cell tumour	8966/0
nnoma	9560/0
fibrous tumour	8815/1
epithelial and stromal tumour family	è
nephroma	8959/0
epithelial and stromal tumour	8959/0
andocrine tumours	
fferentiated neuroendocrine tumour	8240/3
cell neuroendocrine carcinoma	8013/3
ell neuroendocrine carcinoma	8041/3
chromocytoma	8700/0
laneous tumours	
aematopoietic neoplasms	
ell tumours	
	In the second se

/1 for unspecified, borderline, or uncertain behaviour; /2 for carcinoma in situ and grade III intraepithelial neoplasia; and /3 for malignant tumours. The classification is modified from the previous WHO classification (756A), taking into account changes in our understanding of these lesions. *New code approved by the IARC/WHO Committee for ICD-O.

Molecular profiles of tumours – the future of cancer diagnostics

- Until recently, molecular studies of tumours involved the analysis of individual genes.
- Now there are technologies that can rapidly
 - sequence an entire genome
 - assess epigenetic modifications genome wide (the **epigenome**)
 - quantify all of the RNAs expressed in a cell population (the trancriptome)
 - measure many proteins simultaneously (the proteome)
 - take a snapshot of all of the cell's metabolites (the metabolome)
- The age of **omics**.

The cancer genome atlas (TCGA)

- A consortium sponsored by the National Cancer Institute to do systemic sequencing and cataloguing of genomic alterations in various human cancers.
- Outcomes:
- identification of new mutations and genetic changes that underlie various cancers.

Endometrial carcinoma 2014 WHO classification

- Endometrioid carcinoma:
 - Squamous
 - Villoglandular
 - Secretory
 - Mucinous carcinoma
- Serous endometrial intraepithelial carcinoma
- Serous carcinoma
- Clear cell carcinoma
- Neuroendocrine tumours
 - Low grade neuroendocrine tumour
 - carcinoid tumour
 - High grade neuroendocrine carcinoma
 - Small cell neuroendocrine carcinoma
 - Large cell neuroendocrine carcinoma
- Mixed cell adenocarcinoma
- Undifferentiated carcinoma
- Dedifferentiated



The Cancer Genome Atlas (TCGA)

• On the basis of integration of mutation spectra, copy number alterations and microsatellite instability, ECs were categorized into four genomic subtypes

with significant differences in prognosis.

- **Group 1** comprised EEC with mutations in *POLE* (Polymerase E- ultramutated)
- **Group 2** comprised EEC with MSI (hypermutated)
- **Group 3** tumours comprised EEC with low copy number alterations
- Group 4 (serous-like) tumours show *TP53* mutations and high copy number alterations [Composed mostly of SCs, but also include some EEC; many grade 3 but also some grades 1 and 2]

- These subtypes can be reliably delineated and carry significant prognostic as well as predictive information potential for clinical practice incorporation.
- Group 1 are highly prognostically favourable; group 2 and 3 have intermediate prognosis and group 4 are highly aggressive.



Dysplasia – disordered growth

- Dysplasia may be a precursor to malignant transformation; it does not always progress to cancer, and may be reversible.
- When dysplastic changes are marked and involve the full thickness of the epithelium, but the lesion does not
 penetrate the basement membrane it is considered a pre-invasive neoplasm and is referred to as carcinoma in
 situ.
- Once the tumour cells invade the basement membrane the tumour is said to be invasive.



Cellular anaplasia

- Loss of polarity: the orientation of analplastic cells is disturbed markedly – grow in a disorganised fashion.
- **Pleomprhism:** variation in cell size and shape.
- Abnormal nuclear morphology and increase N/C ratio (normally 1:4 – 1:6) it can rise to 1:1.
- Mitoses: increased number and abnormal forms - atypical, bizarre mitotic figures, sometimes with tripolar, quadripolar or multipolar spindles.



Tumour differentiation and grading

Differentiation: refers to the extent to which neoplastic parenchymal cells resemble the corresponding normal parenchymal cells, both morphologically and functionally.

Grading:

Criteria for individual grades vary in different types of tumours.

- Usually a three tier system: Well (G1), moderate (G2) and poor (G3)
- Can be a two tier system: Low grade (G1) and High grade (G2 & G3)
- Special / tumour type specific grading system

Squamous cell carcinoma



Well differentiated



Moderately differentiated





Poorly differentiated

Adenocarcinoma



Well differentiated



Moderately differentiated





Poorly differentiated

Fuhrman Grading for Renal Cell Carcinoma

Grade	Nucleus	Grade 1 Grade 2	1
1	Round, uniform nuclei approximately 10 μm in diameter with minute or absent nucleoli		12.00
2	Slightly irregular nuclear contours and diameters of approximately 15 μm with nucleoli visible at 400 \times		
3	Moderately to markedly irregular nuclear contours and diameters of approximately 20 μm with large nucleoli visible at 100 \times	Grade 3 Grade 4	
4	Nuclei similar to those of grade 3 but also multilobular or multiple nuclei or bizarre nuclei and heavy clumps of chromatin		a la



Endometrial carcinoma grades

- Depends on:
- Pattern: glands vs solid areas
- Degree of cytological atypia



Immature teratoma

- There are immature neural elements
- Three tier grading system according to amount of primitive elements



Grading of sarcomas: Importance of identifying mitosis

DEDIFFERENTIATION		MITOSES		NECROSIS	
Resembling normal	1	0-9/10 HPF	1	None	0
Definitive	2	10-19/10 HPF	2	<50%	1
Undifferentiated	3	>20/10 HPF	3	>50%	2
GRADE		SCORE			
1		2-3			
2		4-5			
3	_	6-8			

*The FNCLCC system provides maximum data and more predictive outcome.²⁵

FNCLCC, Fédération Nationale des Centres de Lutte Contre le Cancer; HPF, high-power field.

Adapted from Soft tissue sarcoma. In: Edge SB, Byrd DR, Compton CC, et al, eds. AJCC Cancer Staging Manual. 7th ed. New York: Springer; 2010:291-298, with permission.

Cell cycle associated antigens: e.g. Ki67



Grades of Neuroendocrine Neoplasms – WHO 2017

Grade	Differentiation	Miotic Count/Ki-67	
1 (low) - NET	Well differentiated	<2 mitoses/10 HPF <3% Ki-67 index	
2 (Intermediate) - NET	Well differentiated	2-20 mitoses/10 HPF 3-20% Ki-67 index	
3 (high) - NET	Well differentiated	>20 mitoses/10 HPF >20% Ki-67 index	
3 (high) – Neuroendocrine Carcinoma (NEC)	Poorly differentiated	>20 mitoses/10 HPF >20% Ki-67 index	
Mixed Neu	roendocrine Non-Neuroendocr	ine Neoplasm (MiNEN) - See text	
	*ronnyallan.NE	· · · · · · · · · · · · · · · · · · ·	

Tumour local invasion and distant metastasis

Haematogenous spread



Lymphatic spread





Direct seeding of body cavities and surfaces



Tumour spread and staging

- Local invasion: the growth of cancers is accompanied by progressive infiltration, invasion and destruction of surrounding tissue.
- Metastasis is defined by the spread of tumour to sites that are physically discontinuous with the primary tumour.
- Staging is based on:
 - size of the primary lesion
 - its extent of spread to regional lymph nodes
 - the presence of blood borne metastasis

T N M Tumour staging

- The major staging system is currently the American joint committee on cancer staging.
- This system uses a classification called the TNM system
 - T for primary tumour
 - N for regional lymph node involvement
 - M for metastases
- It varies for different types of cancers, but there are general principles.

T N M Tumour staging

- T: The primary lesion is characterised from T1 to T4 based on size. T0 is used to indicate an in situ lesion.
- N: NO would mean no nodal involvement whereas N1 to N3 would denote involvement of an increasing number and range of nodes.
- M: MO signifies no distant metastasis, whereas M1 or sometimes M2 indicates the presence of metastasis and some judgment as to their number.

TNM staging of rectal carcinoma

Spread to other organs

Lymph

Serosa Muscle layers

Stage II

Stage III

Stage IV

node 🔀

Normal

Source: National Cancer Institu

Blood

vessel

Stage	Level of Involvement	
Tumor		
T1	Limited to mucosa and submucosa	
T2	Extension into but not through muscularis propria	
тз	Invasion of perirectal fat	Stage 0 Sta
T4	Invasion of adjacent structures	1000
Nodes		all so
NO	No involved lymph nodes	
N1	Fewer than four regional nodes positive for tumor	
N2	More than four regional nodes positive for tumor	
Metasta	sis	
MO	No metastasis	

M1 Distant metastasis

Tumour diagnosis

- Tumour type
- **Tumour grade:** determined principally by architectural and cytological appearance based on the idea that behaviour and differentiators are related with poorly differentiated tumours having more aggressive behaviour.
- **Tumour stage:** is based on size, local and regional lymph node spread, and distant metastasis (clinical and pathological).

In general, the likelihood of a primary tumour metastasizing correlates with lack of differentiation, aggressive local invasion, rapid growth, and large size.

- These items are essential parameters for setting the generic protocols for tumour management:
 - Surgical
 - Chemotherapy
 - Radiotherapy

Personalised medicine

- Refers to the practice of medicine where patients based on their genetic background receive
 - the most appropriate management
 - combination of drugs







European Alliance for Personalised Medicine

The Hammersmith Hospital



